

Roshan Pandey

Throughout writing this paper I see what this time in the course has helped me learn. I always wanted to understand how to formally write a research paper from the ground up and not just specialize in data extraction or doing literature searches. I wanted to know how I could construct the inner workings of a paper so hopefully, I could start my own projects and participate in teams later on. I feel that this class and my time working on my group's research paper helped me accomplish that. Through this process, I was able to learn the components of writing different parts of a research paper which eventually allowed me to combine those lessons and contribute to work on a topic that interested me with like minded individuals. Although I only learned the basics, I plan on using this class and its material as a foundation for future endeavors and hopefully a medical career of mine where I can make an impact on people. I felt that the writing process was productive and focused on room for growth. I gained a lot from my experience working with a new set of peers on a different type of essay that I am normally used to in writing courses and I value that. Although we ran into some setbacks along the way, the group managed to stay on time and we got the task done with room to learn from what we could have done better and implemented those suggestions into our paper and collaboration. We set aside time from class to work on the paper which I appreciated because it showed to me how we as a group made sure all our concerns and thoughts were met and how we were consistent, throughout the duration of writing the paper. I feel the project was an ideal way to see how I could learn the basics of writing a research paper and I did my best to do my part and stay on time as I knew this was a group effort. I do feel however that my involvement could have more had I been able to help my colleagues more than I already had. Our group's process was that we talked about the current agenda of the project and what we each needed to do to fill our responsibilities and get that agenda done. Our execution followed that method and when we fell behind sometimes we made sure to get it done as fast as possible to continue staying on our schedule. Through this project, I learned the experience of working on a research project with different responsibilities to do. I also gained a wealth of knowledge on a topic I had

Roshan Pandey

yet to have a good understanding of, cannabis use and the effect of it on people. I always heard conflicting reports of cannabis's effect on people and thus correlating to the skepticism of many when laws relating to its use are implemented in our society. Through this research project, I was able to study facets of that topic, while learning about the effect of cannabis specifically on those with high levels of pre-existing anxiety. I feel that I could have been more involved during some periods when I was needed to help out with my research project and this would allow me to better my time management skills and how I participate with groups in academic projects like this one. I do feel that my time working on this paper, and with my group was beneficial to my understanding of academic literature and furthered my exposure to the writing process for these types of papers.